



CrossFit 10Star

Membership Agreement:

Full Name: _____ Male / Female: _____

Home Address: _____

Date of Birth: _____ ID number: _____

Cell Phone: _____

Email Address: _____

Emergency Contact Name & Number: _____

The undersigned ("Member"), desires to become a member of CrossFit 10 Star, and agrees to the following terms and conditions:

1. Member agrees that all facts stated in the Physical Readiness Questionnaire (PARQ) submitted by Member are true and correct and that the PARQ is incorporated herein by reference and is made apart of this Agreement. The waiver that the member signed will also form part of this agreement and shall be referred to as annexure A along with the PARQ.

2. PAYMENT OF MEMBERSHIP FEES. A Loyalty fee of R 50.00 is Included in all the Packages and is paid monthly with membership fee. This fee is a contribution every month towards Admin, Extracurricular Entertainment, Shirts and Events to give everybody the BEST time.

All payments to CrossFit 10Star are final and can be made by one of the following options:

	Couples Package: (Unlimited Sessions)	Individual Package: (Unlimited sessions)	Individual Package: (3 x per week)
12 Month	R 1 550.00	R 900.00	R 725.00
6 Month	R 1 650.00	R 925.00	R 750.00
Month-to-month	R 1 750.00	R 950.00	R 800.00

*R 50.00 Loyalty Fee Included

Student Package (Unlimited Sessions): R 725.00 (Loyalty Fee Included)

Member should give a **ONE MONTH** notice period in order to cancel Membership.

3. TERM. All memberships of CrossFit 10Star are either;

- a) Month-to-Month,
- b) 6 Month,
- c) 12 Month memberships.

Payments are due on the **2nd day** of every month by means of EFT.

Package option: _____

Payment Option: _____

Monthly amount: _____

Members Signature: _____

4. DEFAULT/REMEDIES. Any late payment will be charged with R 30.00 a day and added to your Monthly Fee. Until payment is made the Members access to the booking system will be blocked.

5. MEMBERSHIP ACCESS. Members should book on the system in order to come to the gym.

6. RELEASE AND WAIVER OF LIABILITY. Refer to annexure A.

7. RULES AND REGULATIONS. Member acknowledges that CrossFit 10Star operates under rules and regulations established for the safety and protection of its members and agrees to be bound by such rules and regulations, as well by the rules and regulations subsequently approved and posted or otherwise published by CrossFit 10Star. Such rules and regulations in effect from time to time are incorporated into this Agreement by reference. Facilities, equipment, hours, service, regulations and policies are subject to change from time to time, without prior notice, in the sole discretion of CrossFit 10Star. Member agrees to accept such reasonable change(s) as a condition of membership. Member additionally recognizes:

a. Under no circumstances shall Member move exercise equipment or use the equipment in any manner not authorized by CrossFit 10Star.

b. All equipment shall be wiped down by Member after each use, with the supplies provided by CrossFit 10Star.

c. This membership is for Member, and Member only, and Member will not give access to another individual.

d. Member will not misuse the equipment.

e. All members must be at least sixteen (16) years of age, unless otherwise authorized by CrossFit 10Star.

f. Members shall conduct themselves in a quiet, well-mannered fashion so as not to cause any disturbance which may interfere with the use and enjoyment of the Facility by any other member. Profanity or indecent language and/or behaviour will not be tolerated. Any conduct deemed by CrossFit 10Star, in its sole discretion, to be offensive, potentially harmful, dangerous or abusive will not be tolerated, and shall be grounds for termination of Member's membership by CrossFit 10Star.

g. CrossFit 10Star shall not be responsible for any lost or stolen items.

h. Member should not occupy any equipment for an extended period. Member should allow others waiting to use such equipment to work into their rotation.

8. PROHIBITED ACTIVITIES. Alcohol, drugs (including steroids), and smoking are prohibited within the Facility. Member agrees not to use the Facility or engage in any activity at CrossFit 10Star while under the influence of drugs, alcohol, or medication that may impair Member's ability to operate the equipment. No weapons of any kind are allowed. No photography, videotaping, filming or audio recordings permitted within the Facility without the express written consent of CrossFit 10Star's management. CrossFit 10Star reserves the right, in its sole discretion, to limit the consumption of food or beverages, or to the use of outside equipment within the Facility.

9. DRESS/TOWEL POLICY. CrossFit 10Star requires that members wear appropriate clothing and footwear while in the Facility. Appropriate clothing includes gym shorts, T-shirts, jogging suits, aerobic wear and sweat outfits. Street clothing and jeans are not considered appropriate clothing. Member agrees to have a cloth towel during workouts to protect and clean the equipment after Member's use.

10. HEADINGS. The headings in this Agreement are inserted for convenience only and shall not constitute a part of this Agreement.

11. BINDING EFFECT. This Agreement shall be binding upon, inure to the benefit of, and been force able by the parties hereto and their respective successors and assigns.

12. ENTIRE AGREEMENT. This Agreement, including the schedules, lists and other documents referred to in this Agreement which form a part of this Agreement, embody the entire agreement and understanding of the parties with respect to the subject matter contained in this Agreement. There are no restrictions, promises, warranties, covenants or undertakings, other than those set forth or referred to in, this Agreement. This Agreement supersedes all prior agreements and understandings between the parties with respect to each subject matter.

13. GOVERNING LAW. This Agreement, and all documents mentioned herein by reference, shall be governed by the laws of the Republic of South Africa.

14. FURTHER ASSURANCES. The parties agree to execute such further documents as may be necessary, proper or convenient, for the purpose of fully effectuating the terms and conditions of this Agreement.

15. SUSPENSION AND TERMINATION. I understand that CrossFit 10Star may suspend or terminate my membership at any time, in its sole and absolute discretion, for non-payment of Membership Fees or for violation of any of CrossFit 10Star's policies and procedures, and that in so doing, CrossFit 10Star assumes no further liability to adhere to the terms of this Agreement.

16. ACCEPTANCE OF TERMS. As a Member, I understand that I am entitled to use the Facility within the scope of the membership that I have selected, and that I am obligated to pay my dues and fees regardless of whether I use the Facility. I agree to promptly update CrossFit 10Star of any change in my contact information (including address, telephone number or email address) or change in credit information. I certify that I have read the foregoing Membership Agreement, and that by signing below, I acknowledge that I understand and agree to be bound by all the terms and conditions hereof. I further acknowledge that a fully executed copy of this Membership Agreement has been provided.

Member's signature:

Members Name Printed:

Date:

Signature of CrossFit 10Star representative:

Representative Name Printed:

Date: